

## General

### Title

Diagnosis and treatment of ischemic stroke: percentage of eligible patients receiving tPA according to guideline.

### Source(s)

Anderson D, Larson D, Bluhm J, Charipar R, Fiscus L, Hanson M, Larson J, Rabinstein A, Wallace G, Zinkel A. Diagnosis and initial treatment of ischemic stroke. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2012 Jul. 122 p. [238 references]

## Measure Domain

### Primary Measure Domain

Clinical Quality Measures: Process

### Secondary Measure Domain

Does not apply to this measure

## Brief Abstract

### Description

This measure is used to assess the percentage of eligible patients age 18 years and older initially presenting with acute symptoms of ischemic stroke who receive tissue plasminogen activator (tPA) according to guideline.

### Rationale

The priority aim addressed by this measure is to increase the percentage of patients age 18 years and over receiving appropriate thrombolytic and appropriate antithrombotic therapy for ischemic stroke (tissue plasminogen activator [tPA] and aspirin, other antiplatelet agents, or an anticoagulant).

Stroke is the fourth leading cause of death, recently dropping from third after decades long efforts to reduce incidence by treatment of risk factors. It remains the leading cause of disability among adults. Costs of hospitalizations, other cares and lost wages are simply enormous.

Patients presenting to the emergency department soon after the onset of symptoms may be candidates for treatment with intravenous (IV) tPA and will therefore require a rapid evaluation and treatment initiation.

A qualified clinician (i.e., trained and experienced in acute stroke management or supported via telemedicine arrangement by such a clinician) should administer IV tPA to selected and qualifying patients with acute ischemic stroke within 4.5 hours of symptom onset or of time last known to be at their baselines in appropriate care circumstances (i.e., in a "stroke-ready" emergency department or hospital).

Stakes are high, impact of treatment is substantial, and evidence is strong for treatment of appropriately selected patients.

## Evidence for Rationale

Albers GW, Amarenco P, Easton JD, Sacco RL, Teal P. Antithrombotic and thrombolytic therapy for ischemic stroke: the Seventh ACCP Conference on Antithrombotic and Thrombolytic Therapy. Chest. 2004 Sep;126(3 Suppl):483S-512S. [202 references] [PubMed](#)

Anderson D, Larson D, Bluhm J, Charipar R, Fiscus L, Hanson M, Larson J, Rabinstein A, Wallace G, Zinkel A. Diagnosis and initial treatment of ischemic stroke. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2012 Jul. 122 p. [238 references]

Carpenter CR, Keim SM, Milne WK, Meurer WJ, Barsan WG, Best Evidence in Emergency Medicine Investigator Group. Thrombolytic therapy for acute ischemic stroke beyond three hours. J Emerg Med. 2011 Jan;40(1):82-92. [PubMed](#)

Clark WM, Wissman S, Albers GW, Jhamandas JH, Madden KP, Hamilton S. Recombinant tissue-type plasminogen activator (Alteplase) for ischemic stroke 3 to 5 hours after symptom onset. The ATLANTIS Study: a randomized controlled trial. Alteplase Thrombolysis for Acute Noninterventional Therapy in Ischemic Stroke. JAMA. 1999 Dec 1;282(21):2019-26. [PubMed](#)

Hacke W, Kaste M, Bluhmki E, Brozman M, Davalos A, Guidetti D, Larrue V, Lees KR, Medeghri Z, Machnig T, Schneider D, von Kummer R, Wahlgren N, Toni D, ECASS Investigators. Thrombolysis with alteplase 3 to 4.5 hours after acute ischemic stroke. N Engl J Med. 2008 Sep 25;359(13):1317-29. [PubMed](#)

Hacke W, Kaste M, Fieschi C, Toni D, Lesaffre E, von Kummer R, Boysen G, Bluhmki E, Hoxter G, Mahagne MH, et al. Intravenous thrombolysis with recombinant tissue plasminogen activator for acute hemispheric stroke. The European Cooperative Acute Stroke Study (ECASS). JAMA. 1995 Oct 4;274(13):1017-25. [PubMed](#)

Hacke W, Kaste M, Fieschi C, von Kummer R, Davalos A, Meier D, Larrue V, Bluhmki E, Davis S, Donnan G, Schneider D, Diez-Tejedor E, Trouillas P. Randomised double-blind placebo-controlled trial of thrombolytic therapy with intravenous alteplase in acute ischaemic stroke (ECASS II). Second European-Australasian Acute Stroke Study Investigators. Lancet. 1998 Oct 17;352(9136):1245-51. [PubMed](#)

Lansberg MG, Bluhmki E, Thijs VN. Efficacy and safety of tissue plasminogen activator 3 to 4.5 hours after acute ischemic stroke: a metaanalysis. Stroke. 2009 Jul;40(7):2438-41. [PubMed](#)

Lees KR, Bluhmki E, von Kummer R, Brott TG, Toni D, Grotta JC, Albers GW, Kaste M, Marler JR, Hamilton SA, Tilley BC, Davis SM, Donnan GA, Hacke W, ECASS, ATLANTIS, NINDS and EPITHET rt-PA Study Group, Allen K, Mau J, Meier D, del Zoppo G, De Silva DA, Butcher KS, Parsons MW, Barber PA, Levi C, Bladin C, Byrnes G. Time to treatment with intravenous alteplase and outcome in stroke: an updated pooled analysis of ECASS, ATLANTIS, NINDS, and EPITHET trials. Lancet. 2010 May

Tissue plasminogen activator for acute ischemic stroke. The National Institute of Neurological Disorders and Stroke rt-PA Stroke Study Group. N Engl J Med. 1995 Dec 14;333(24):1581-7. [PubMed](#)

Wahlgren N, Ahmed N, Davalos A, Ford GA, Grond M, Hacke W, Hennerici MG, Kaste M, Kuelkens S, Larrue V, Lees KR, Roine RO, Soinne L, Toni D, Vanhooren G, SITS-MOST investigators. Thrombolysis with alteplase for acute ischaemic stroke in the Safe Implementation of Thrombolysis in Stroke-Monitoring Study (SITS-MOST): an observational study. Lancet. 2007 Jan 27;369(9558):275-82. [PubMed](#)

## Primary Health Components

Ischemic stroke; thrombolytic therapy; tissue plasminogen activator (tPA)

## Denominator Description

Number of patients eligible for tissue plasminogen activator (tPA) treatment and treated with tPA (see the related "Denominator Inclusions/Exclusions" field)

## Numerator Description

Number of patients who were treated with tissue plasminogen activator (tPA) according to guideline (see the related "Numerator Inclusions/Exclusions" field)

## Evidence Supporting the Measure

### Type of Evidence Supporting the Criterion of Quality for the Measure

A clinical practice guideline or other peer-reviewed synthesis of the clinical research evidence

### Additional Information Supporting Need for the Measure

Unspecified

### Extent of Measure Testing

Unspecified

## State of Use of the Measure

### State of Use

Current routine use

### Current Use

not defined yet

# Application of the Measure in its Current Use

## Measurement Setting

Emergency Department

Hospital Inpatient

## Professionals Involved in Delivery of Health Services

not defined yet

## Least Aggregated Level of Services Delivery Addressed

Single Health Care Delivery or Public Health Organizations

## Statement of Acceptable Minimum Sample Size

Unspecified

## Target Population Age

Age greater than or equal to 18 years

## Target Population Gender

Either male or female

# National Strategy for Quality Improvement in Health Care

## National Quality Strategy Aim

Better Care

## National Quality Strategy Priority

Prevention and Treatment of Leading Causes of Mortality

# Institute of Medicine (IOM) National Health Care Quality Report Categories

## IOM Care Need

Getting Better

# IOM Domain

Effectiveness

## Data Collection for the Measure

### Case Finding Period

The time frame pertaining to data collection is monthly.

### Denominator Sampling Frame

Patients associated with provider

### Denominator (Index) Event or Characteristic

Clinical Condition

Encounter

Patient/Individual (Consumer) Characteristic

Therapeutic Intervention

### Denominator Time Window

not defined yet

### Denominator Inclusions/Exclusions

Inclusions

Number of patients eligible for tissue plasminogen activator (tPA) treatment and treated with tPA

Population Definition: Patients age 18 years and older initially presenting with acute symptoms of ischemic stroke who are eligible for tPA.

Exclusions

Unspecified

### Exclusions/Exceptions

not defined yet

### Numerator Inclusions/Exclusions

Inclusions

Number of patients who were treated with tissue plasminogen activator (tPA) according to guideline

Exclusions

Unspecified

### Numerator Search Strategy

Fixed time period or point in time

## Data Source

Paper medical record

## Type of Health State

Does not apply to this measure

## Instruments Used and/or Associated with the Measure

Unspecified

## Computation of the Measure

### Measure Specifies Disaggregation

Does not apply to this measure

## Scoring

Rate/Proportion

## Interpretation of Score

Desired value is a higher score

## Allowance for Patient or Population Factors

not defined yet

## Standard of Comparison

not defined yet

## Identifying Information

### Original Title

Percentage of eligible patients receiving tPA according to guideline.

### Measure Collection Name

Diagnosis and Treatment of Ischemic Stroke

## Submitter

Institute for Clinical Systems Improvement - Nonprofit Organization

## Developer

Institute for Clinical Systems Improvement - Nonprofit Organization

## Funding Source(s)

The Institute for Clinical Systems Improvement's (ICSI's) work is funded by the annual dues of the member medical groups and five sponsoring health plans in Minnesota and Wisconsin.

## Composition of the Group that Developed the Measure

*Work Group Members:* David Anderson, MD (*Work Group Co-Leader*) (University of Minnesota Physicians and Hennepin County Medical Center) (Neurology); David Larson, MD, FACEP (*Work Group Co-Leader*) (Ridgeview Medical Center) (Emergency Medicine); Gail Wallace, NP (Essentia Health) (Nursing); Lynne Fiscus, MD, MPH (Fairview Health Services) (Internal Medicine and Pediatrics); Andrew Zinkel, MD (HealthPartners Medical Group and Regions Hospital) (Emergency Medicine); Ron Charipar, MD (Marshfield Clinic) (Internal Medicine and Pediatrics); Alejandro Rabinstein, MD (Mayo Clinic) (Neurology); Jeff Larson, PharmD (Park Nicollet Health Services) (Pharmacy); Myounghee Hanson, BA (Institute for Clinical Systems Improvement) (Clinical Systems Improvement Facilitator); Jim Bluhm, MPH (Institute for Clinical Systems Improvement) (Team Director)

## Financial Disclosures/Other Potential Conflicts of Interest

David Anderson, MD (Work Group Leader)

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National, Regional, Local Committee Affiliations: NNINDS NHLBI as an event adjudicator for two clinical trials: SAMMPRIS (Stenting Versus Aggressive Medical Management for Preventing Recurrent Stroke), and AIM-HIGH (Atherothrombosis Intervention in Metabolic Syndrome with Low HDL Cholesterol/High Triglyceride and Impact on Global Health Outcomes)

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: MN Acute Stroke Systems Council, MDH and member of MN Time Critical Care Committee, MDH

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Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

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Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

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Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: Clinical Advisory Panel Leader, TogetherMD, LLC, MN Acute Stroke Systems Council, MDH and member of MN Time Critical Care Committee, MDH

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Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

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National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: Cardionet, MCOT use for an investigator-initiated project

Financial/Non-Financial Conflicts of Interest: Member of the Data Safety Monitoring Board for the PREVAIL study by ARTITECH (now Boston Scientific)

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National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: None

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National, Regional, Local Committee Affiliations: None

Guideline-Related Activities: None

Research Grants: None

Financial/Non-Financial Conflicts of Interest: Clinical Advisory Panel Leader, TogetherMD, LLC

## Adaptation

This measure was not adapted from another source.

## Date of Most Current Version in NQMC

2012 Jul

## Measure Maintenance

Scientific documents are revised every 12 to 24 months as indicated by changes in clinical practice and literature.

## Date of Next Anticipated Revision



The next scheduled revision will occur within 24 months.

## Measure Status

This is the current release of the measure.

The measure developer reaffirmed the currency of this measure in January 2016.

## Measure Availability

Source available from the [Institute for Clinical Systems Improvement \(ICSI\) Web site](#)

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For more information, contact ICSI at 8009 34th Avenue South, Suite 1200, Bloomington, MN 55425; Phone: 952-814-7060; Fax: 952-858-9675; Web site: [www.icsi.org](http://www.icsi.org) ; E-mail: [icsi.info@icsi.org](mailto:icsi.info@icsi.org).

## NQMC Status

This NQMC summary was completed by ECRI Institute on November 14, 2012.

The information was reaffirmed by the measure developer on January 13, 2016.

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## Production

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